

RUGGER'S VALUES, BEHAVIOUR AND RELATIONSHIPS



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RUGGER'S VALUES, BEHAVIOUR AND RELATIONSHIPS

TEACHERS: Choose one value daily or one every week. Explain what the value means and how we can put it into practice at home, during school and on the sports field.

(Role play and other activities can be added to help understanding.)

ATTITUDES AND VALUES

- Through children's learning in health and physical education, they will develop a positive and responsible attitude to their own physical, mental and emotional, social, and spiritual well-being.
- They will develop care and concern for other people in their community and for the environment.
- They will develop a sense of social justice.

Classroom programmes must be sensitively developed so that they respect the diverse values and beliefs of students and of the community.

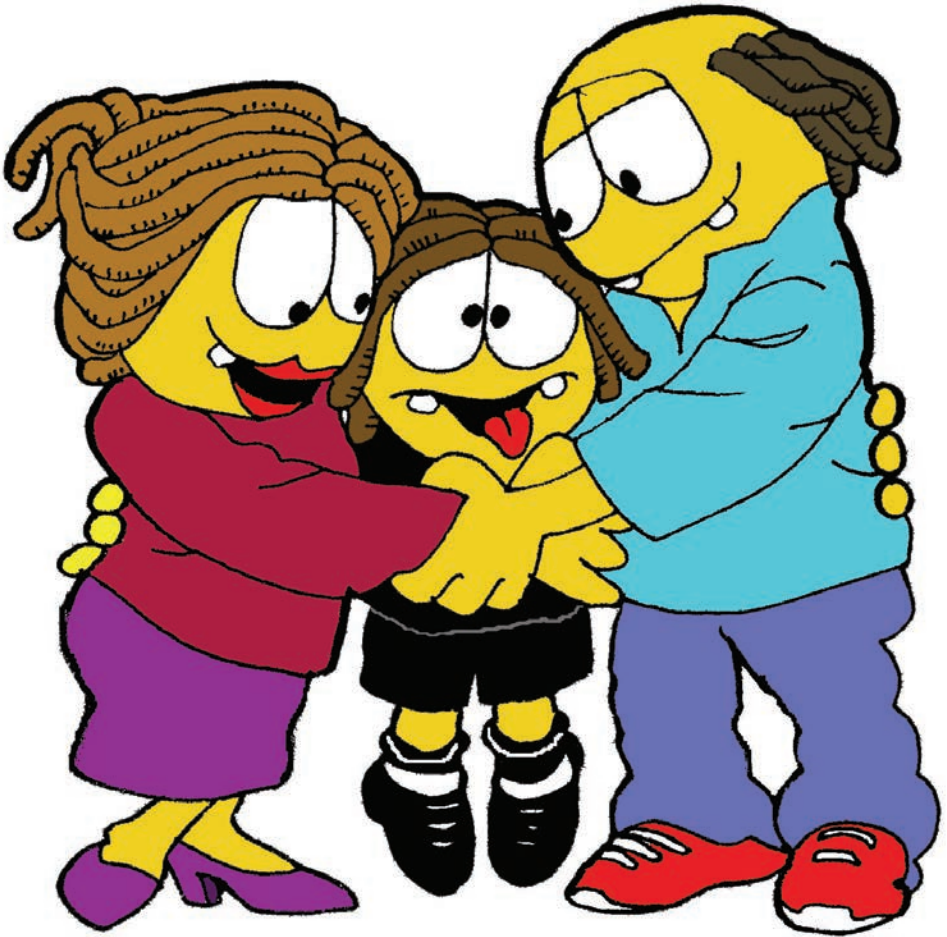
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CARING is ...



... looking after things that matter to you.

COMPASSION is ...



... caring for someone who is hurting.

CONFIDENCE IS ...



... believing in your own ability.

CONSIDERATION IS ...



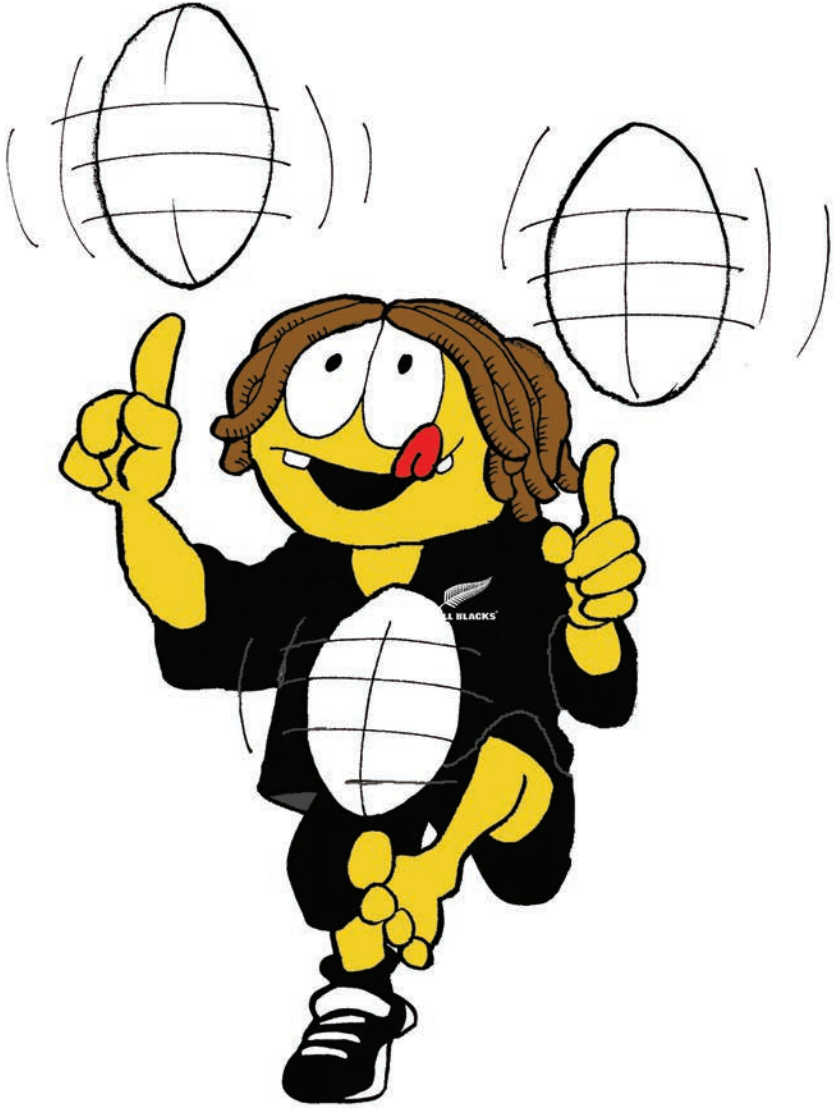
... being thoughtful about someone else.

COURTESY IS ...



... using your manners.

CREATIVITY IS ...



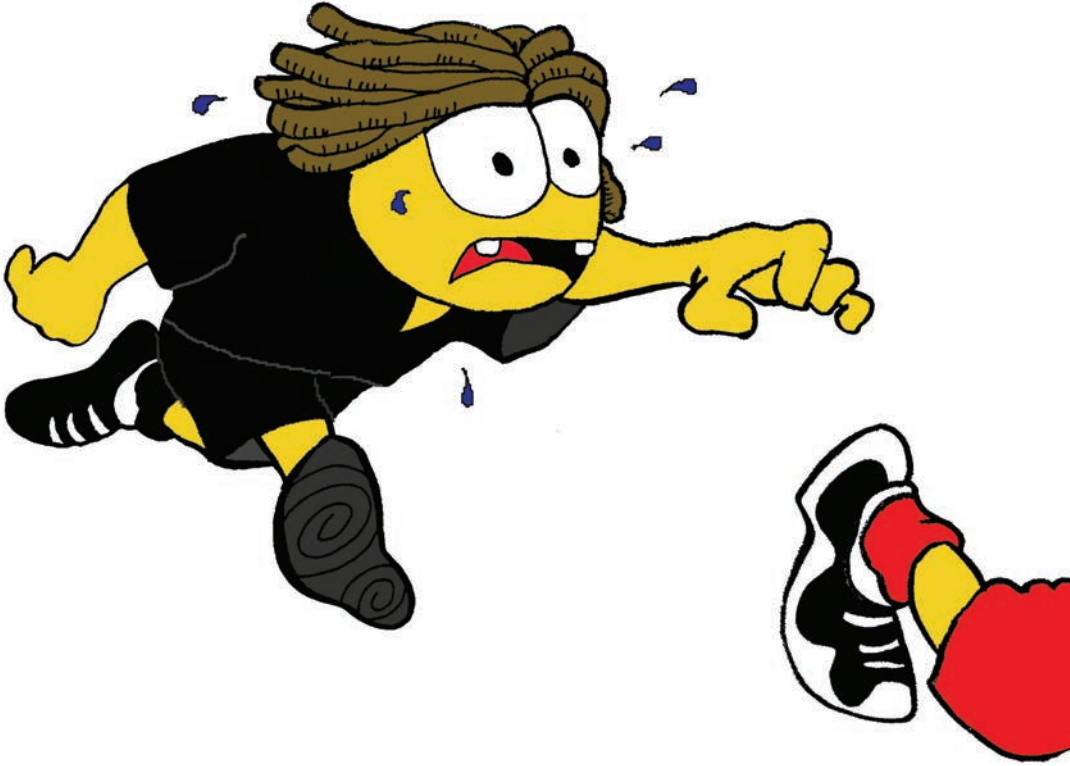
... developing your talents.

DETERMINATION IS ...



... keeping going even when things are difficult.

ENTHUSIASM IS ...



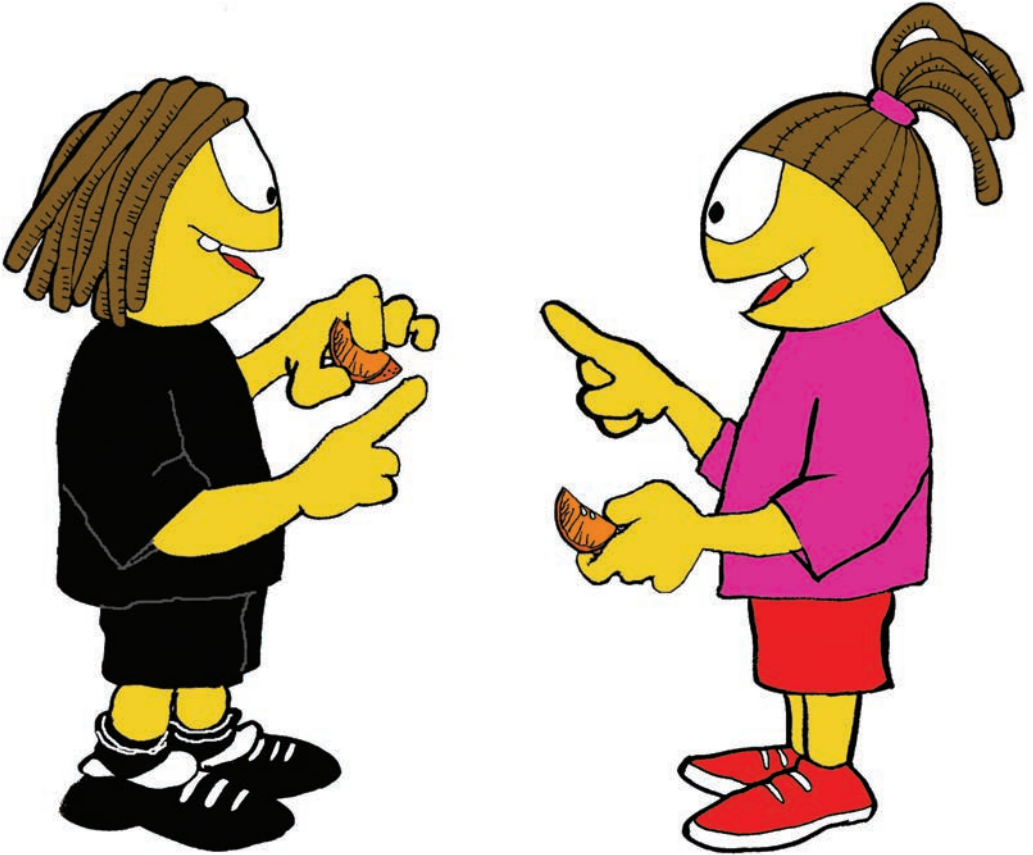
... giving it your full effort.

EXCELLENCE IS ...



... doing your best.

FAIRNESS IS ...



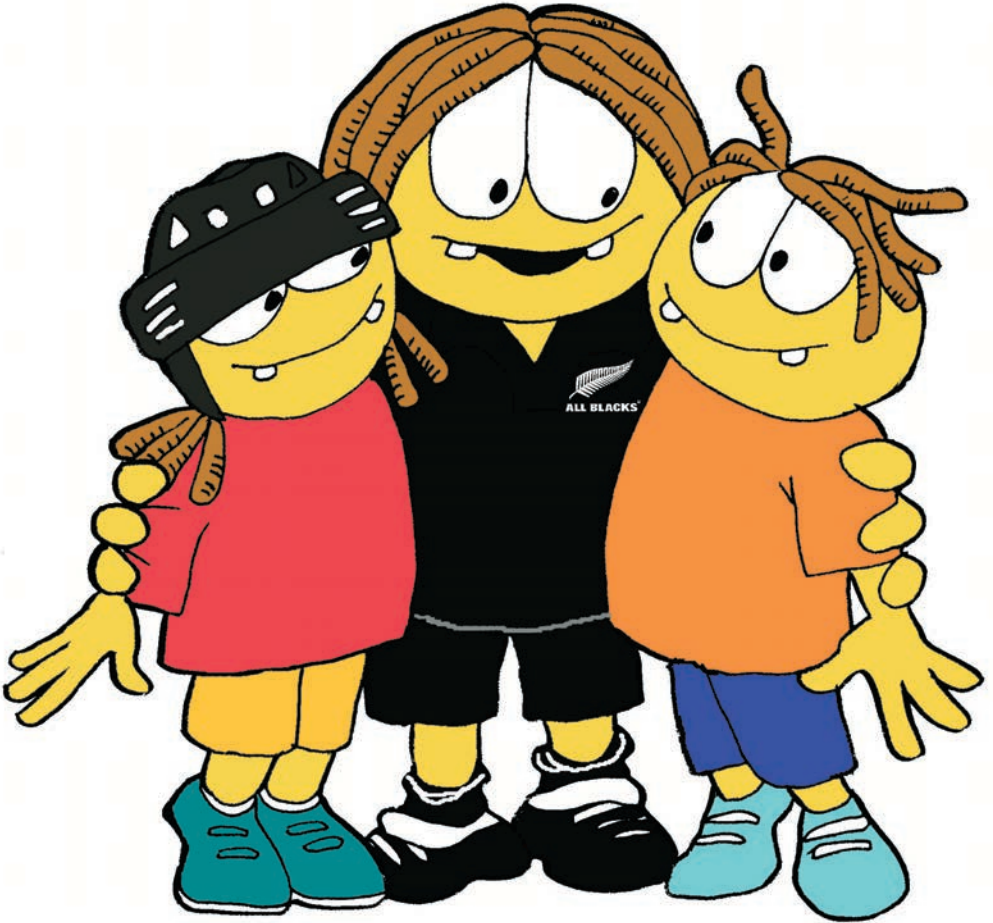
... treating everyone equally.

FORGIVENESS IS ...



... giving someone a second chance.

FRIENDLINESS IS ...



... caring about others.

GENEROSITY IS ...



... sharing with others.

HELPFULNESS IS ...



... doing something useful for someone.

HONESTY IS ...



... telling the truth.

MODERATION IS ...



... having balance in your life.

ORDERLINESS IS ...



... being well organised.

PATIENCE IS ...



... being prepared to wait for something.

PEACEFULNESS IS ...



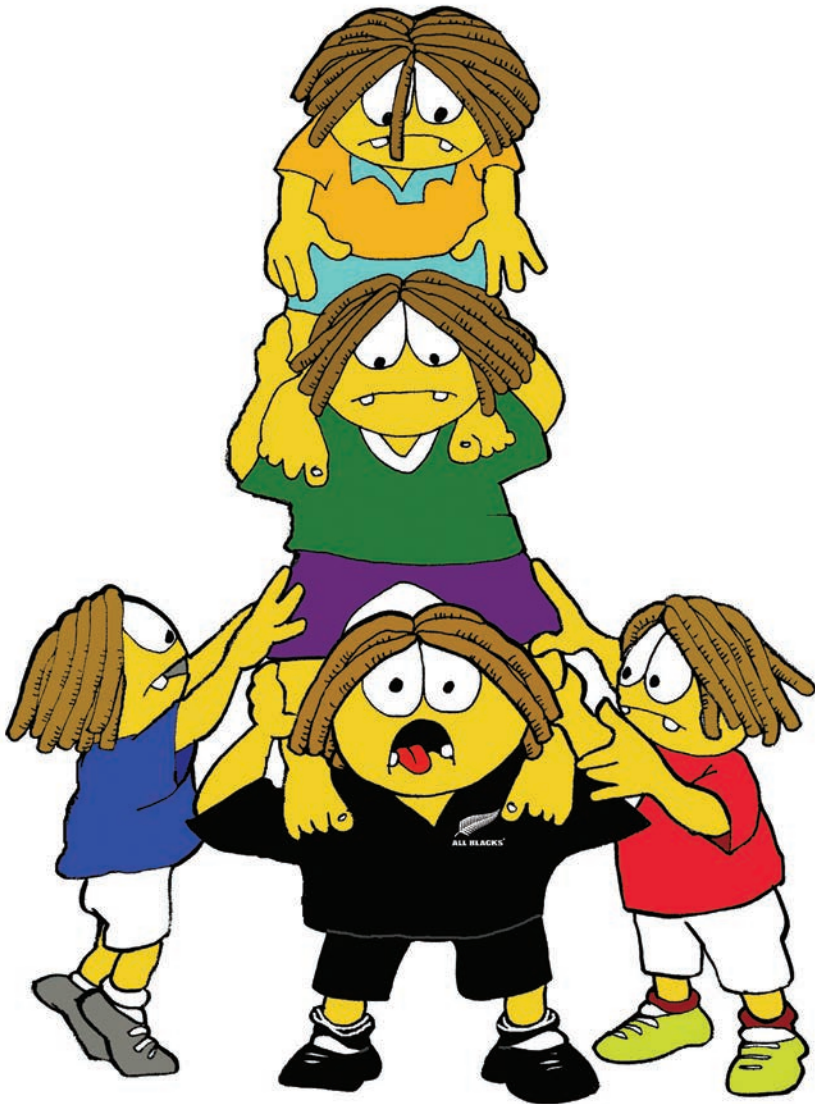
... being calm inside.

PURPOSEFULNESS IS ...



... being focussed on a task.

RELIABILITY IS ...



... knowing others can rely on you.

RESPECT is ...



... treating others how you would like to be treated.

RESPONSIBILITY IS ...



... being willing to be counted on for something.

SELF-DISCIPLINE IS ...



... having self-control.

TOLERANCE is ...



... accepting things you may not like.

Rugby is a team sport that not only involves physical attributes. You are often confronted with a number of team values, boundaries for behaviour and an environment for producing positive relationships. As a result, you are encouraged to reach your full potential in the team environment.

