



## **SMALL BLACKS DEVELOPMENT MODEL**

**YEARS 4 / UNDER 9**

# **APPLAUD**

Together we can create a great experience for everyone in rugby by role modelling good sideline behaviour and calling out bad sideline behaviour. Applaud is a New Zealand Rugby programme that outlines the expectations for all parents, caregivers, and spectators of rugby.

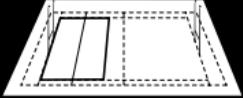
These are:

- be a good role model
- calmly call out any bad behaviour when you see or hear it
- remember children play sport for their enjoyment, not yours
- respect officials' and coaches' decisions even if you don't agree
- applaud good play and performances by both teams
- give positive comments that motivate and encourage continued effort
- thank the coaches, officials, and other volunteers
- assist when asked by a coach or official
- respect the rights and dignity of everyone in the game and
- behave appropriately at pre- and post-match functions.

Help us keep kids in sport by creating a positive rugby environment in schools and clubs.

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## YEAR 4 / UNDER 9

FIELD SIZE Goal to 10m (across the field). Portable goalposts recommended. Full size posts on sideline need bolsters.	NUMBERS PER TEAM 9-a-side. If a team doesn't have enough players to start a game, it should then be played with equal numbers.	GAME LENGTH 2 x 25 minutes maximum.
		
REFEREE If no Learning Rugby referee, no tackling.	BALL SIZE Size 3 balls.	KICKING Encourage running and passing.
		
TACKLE No fending to the head, face or neck regions. Tackle must be below the sternum.	RESTART Tap and pass to be rotated through all players.	PENALTY Tap and pass.
		
TRY If score blow-outs are occurring (ie 35+ at halftime), both coaches MUST meet and come to an agreement as to how they can generate a more even contest. Try = 5 pts.	SUBS All players must play a minimum of half a game (this is to include at least two full quarters). Rolling substitutions are not permitted. Substitutions may be made at half or quarter time.	
		

FUN ACHIEVE BELONG SAFE

# FABS

- Fun is a key component of success in sport and life.
- Every player and coach are capable of achieving.
- Rugby brings people together.
- Safety is keeping all participants in our game safe physically and mentally.