



SMALL BLACKS DEVELOPMENT MODEL

YEAR 3 / UNDER 8

APPLAUD

Together we can create a great experience for everyone in rugby by role modelling good sideline behaviour and calling out bad sideline behaviour. Applaud is a New Zealand Rugby programme that outlines the expectations for all parents, caregivers, and spectators of rugby.

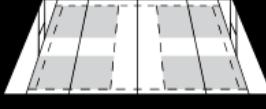
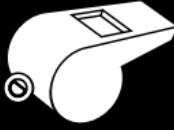
These are:

- be a good role model
- calmly call out any bad behaviour when you see or hear it
- remember children play sport for their enjoyment, not yours
- respect officials' and coaches' decisions even if you don't agree
- applaud good play and performances by both teams
- give positive comments that motivate and encourage continued effort
- thank the coaches, officials, and other volunteers
- assist when asked by a coach or official
- respect the rights and dignity of everyone in the game and
- behave appropriately at pre- and post-match functions.

Help us keep kids in sport by creating a positive rugby environment in schools and clubs.

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FIELD SIZE <p>$\frac{1}{4}$ field = 40m x 27.5m max. Use small post at ends if available.</p> 	NUMBERS PER TEAM <p>7-a-side. If a team doesn't have enough players to start a game, it should then be played with equal numbers.</p> 	GAME LENGTH <p>2 x 25 minutes maximum.</p> 
REFEREE <p>Beginning coach.</p> 	BALL SIZE <p>Size 3 balls.</p> 	KICKING <p>Encourage running and passing. play.</p> 
TACKLE <p>No fending to the head, face or neck regions. Tackle must be below the sternum.</p> 	RESTART <p>Tap and pass to be rotated through all players.</p> 	PENALTY <p>Tap and pass.</p> 
TRY <p>If score blow-outs are occurring (ie 35+ at halftime), both coaches MUST meet and come to an agreement as to how they can generate a more even contest. Try = 5 pts.</p> 	SUBS <p>All players must play a minimum of half a game (this is to include at least two full quarters). Rolling substitutions are not permitted. Substitutions may be made at half or quarter time.</p> 	

FUN ACHIEVE BELONG SAFE

FABS

- Fun is a key component of success in sport and life.
- Every player and coach are capable of achieving.
- Rugby brings people together.
- Safety is keeping all participants in our game safe physically and mentally.